

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - MALE w/ Bakery CMM

Sun Feb 01, 2015 through Sat Feb 07, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|---------------|------------------------------|-----------------------|------------------------------|-----------------------|------------------------------|-----------------------|
| SUN 01 | 4 fl oz Pineapple Juice K | 58 | 3 oz wt Turkey Ham | 144 | 3 Ea Meatballs w/Gravy | 301 |
| | 2 egg Hard Cooked Egg K | 136 | 1 Ea Baked Potato | 115 | 6 fl oz Rotini Pasta | 155 |
| | 8 fl oz NAS Farina w Bran | 103 | 4 fl oz Broccoli | 53 | 4 fl oz Carrots | 30 |
| | 2 sl WWMF LS Toast | 167 | 1 serv Fruit | 70 | 1 Pc Frosted Lemon Cake | 259 |
| | 1 pat Butter-K | 58 | 2 sl MF/LS Bread | 167 | 1 serv Bread +Butter | 235 |
| | 1 pkt Sugar K | 11 | 1 Ea Cookie, Assorted HM | 192 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | 2 pat Butter-K | 115 | | |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | | |
| 2642 | TOTAL CALORIES | 624 | TOTAL CALORIES | 947 | TOTAL CALORIES | 1071 |
| MON 02 | 4 fl oz Apple Juice K | 55 | 8 fl oz Macaroni & Cheese | 631 | 1 Ea NAS Hamburger Patty | 200 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 6 fl oz Tossed Salad | 8 | 1 Ea MF Bun / Roll | 193 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 fl oz Lite French Dressing | 83 | 6 fl oz NAS OvenBrown Potato | 245 |
| | 2 sl WWMF LS Toast | 167 | 4 fl oz Peas | 59 | 1 serv Fruit | 70 |
| | 1 fl oz Assorted Jelly K | 104 | 1 serv Fruit | 70 | 1 Ea Ketchup & Mustard | 41 |
| | 1 pkt Sugar K | 11 | 1 serv Bread +Butter | 235 | 1 fl oz Onion | 8 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2754 | TOTAL CALORIES | 729 | TOTAL CALORIES | 1177 | TOTAL CALORIES |
| TUE 03 | 4 fl oz Orange Juice | 55 | 4 fl oz Chic Fajita Filling | 119 | 4 fl oz Beef w/Gravy | 142 |
| | 8 fl oz NAS Grits | 92 | 1 Ea WG Flour Tortilla | 120 | 6 fl oz Mashed Potato | 176 |
| | 2 Ea Waffle K | 142 | 4 fl oz Refried Beans | 213 | 4 fl oz Corn | 70 |
| | 2 fl oz Pancake Syrup | 186 | 6 fl oz Mex Rice w/Br Rice | 129 | 4 fl oz Creamy Coleslaw | 80 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 fl oz Shrd Cheese | 110 | 1 serv Bread +Butter | 235 |
| | 1 pkt Sugar K | 11 | 2 fl oz Shredded Lettuce | 2 | 1/2 cup Butterscotch Pudding | 191 |
| | 8 fl oz Skim Milk K | 91 | 2 fl oz Salsa | 19 | 8 fl oz Skim Milk K | 91 |
| | 2624 | TOTAL CALORIES | 766 | TOTAL CALORIES | 873 | TOTAL CALORIES |
| WED 04 | 4 fl oz Grape Juice | 70 | 8 fl oz Spaghetti Sauce | 165 | 8 fl oz Navy Bean Veg Soup | 158 |
| | 8 fl oz Bran Flakes Cereal K | 176 | 6 fl oz Spaghetti | 159 | 4 Ea Soda Crackers K | 50 |
| | 6 fl oz Creamed Beef | 397 | 6 fl oz Tossed Salad | 8 | 1 serv Salami & Bologna | 123 |
| | 2 sl WWMF LS Toast | 167 | 1 fl oz Italian Dressing | 170 | 1 sl American Cheese | 52 |
| | 1 pat Butter-K | 58 | 4 fl oz Green Beans | 19 | 1 Ea MF Bun / Roll | 193 |
| | 1 pkt Sugar K | 11 | 1 serv Fruit | 70 | 1 serv Lettuce/Tom Slice | 5 |
| | 8 fl oz Skim Milk K | 91 | 1 sl French Bread | 114 | 1 pkt Lite Salad Dressing | 14 |
| | 2787 | TOTAL CALORIES | 970 | TOTAL CALORIES | 854 | TOTAL CALORIES |
| THU 05 | 4 fl oz Orange Juice | 55 | 4 fl oz Sloppy Joe | 162 | 8 fl oz Chicken Stir Fry | 157 |
| | 8 fl oz NAS Farina w Bran | 103 | 1 Ea MF Bun / Roll | 193 | 6 fl oz Brown Rice | 155 |
| | 1 Ea Glazed Cinnamon Roll | 388 | 1 oz wt Potato Chips | 158 | 4 fl oz Green Beans | 19 |
| | 2 Tbsp PEANUT Butter K | 189 | 4 fl oz Peas | 59 | 1 serv Fruit | 70 |
| | 2 sl WWMF LS Toast | 167 | 1 Pc Bread Pudding | 178 | 1 serv Bread +Butter | 235 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | | | | |
| | 2572 | TOTAL CALORIES | 1004 | TOTAL CALORIES | 841 | TOTAL CALORIES |
| FRI 06 | 4 fl oz Cranapple Juice K | 68 | 8 fl oz Beef Barley Veg Soup | 111 | 4 fl oz Taco Filling | 129 |
| | 8 fl oz Assorted Cereal | 139 | 4 Ea Soda Crackers K | 50 | 1 fl oz Shrd Cheese | 110 |
| | 2 sl WWMF LS Toast | 167 | 4 fl oz Tuna Salad Filling | 200 | 6 fl oz Refried Beans | 320 |
| | 2 Tbsp PEANUT Butter K | 189 | 3.25 oz wt Fresh Relishes | 25 | 6 fl oz Mex Rice w/Br Rice | 129 |
| | 1 fl oz Assorted Jelly K | 104 | 1 serv Fruit | 70 | 1 Ea WG Flour Tortilla | 120 |
| | 1 pkt Sugar K | 11 | 1 Ea Ice Cream Cup | 130 | 2 fl oz Shredded Lettuce | 2 |
| | 8 fl oz Skim Milk K | 91 | 2 sl MF/LS Bread | 167 | 2 fl oz Salsa | 19 |
| | 2603 | TOTAL CALORIES | 769 | TOTAL CALORIES | 844 | TOTAL CALORIES |
| SAT 07 | 4 fl oz Grape Juice | 70 | 8 fl oz Chili Con Carne | 212 | 1 Ea Chicken Patty | 210 |
| | 8 fl oz Assorted Cereal | 139 | 4 Ea Soda Crackers K | 50 | 1 Ea MF Bun / Roll | 193 |
| | 1 Pc Banana Bread | 162 | 4 fl oz Green Beans | 19 | 1 serv Lettuce/Tom Slice | 5 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 serv Fruit | 70 | 1 pkt Lite Salad Dressing | 14 |
| | 1 fl oz Assorted Jelly K | 104 | 1 Pc Corn Bread | 219 | 6 fl oz NAS OvenBrown Potato | 245 |
| | 2 sl WWMF LS Toast | 167 | 1 Ea Cookie, Assorted HM | 192 | 4 fl oz Broccoli | 53 |
| | 1 pkt Sugar K | 11 | 1 pat Butter-K | 58 | 1 serv Fruit | 70 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| 2725 | TOTAL CALORIES | 933 | TOTAL CALORIES | 911 | TOTAL CALORIES | 881 |
| Avg. 2672 | BREAKFAST Avg. | 828 | NOON Avg. | 921 | EVENING Avg. | 924 |

Week At A Glance Report

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Sorted by Menu, Then by Date/M meal, Then by Menu Sequence

Main Items Only

DOC - MALE w/ Bakery CMM

Sun Feb 08, 2015 through Sat Feb 14, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|---------------|---|--|--|---|--|--|
| SUN 08 | 4 fl oz Orange Juice 8 fl oz Assorted Cereal 2 egg Hard Cooked Egg K 2 sl WWMF LS Toast 1 pat Butter-K 1 pkt Sugar K 8 fl oz Skim Milk K | 55 139 136 167 58 11 91 | 8 fl oz Chicken Tetrazzini 2 fl oz Cranberry Sauce K 1 serv Fruit 1 Pc Frosted Spice Cake 1 serv Bread +Butter 8 fl oz Skim Milk K | 281 107 70 265 235 91 | 1 Pc Meatloaf 6 fl oz Mashed Potato 2 fl oz Beef Gravy 4 fl oz Corn 4 fl oz Marinated Tomato Sld 1 serv Fruit 1 serv Bread +Butter 8 fl oz Skim Milk K | 201 176 50 70 64 70 235 91 |
| 2663 | TOTAL CALORIES | 657 | TOTAL CALORIES | 1049 | TOTAL CALORIES | 957 |
| MON 09 | 4 fl oz Apple Juice K 8 fl oz NAS Farina w Bran 2 Tbsp PEANUT Butter K 2 Ea Waffle K 2 fl oz Pancake Syrup 1 pkt Sugar K 8 fl oz Skim Milk K | 55 103 189 142 186 11 91 | 1 Ea Pizza Patty 2 fl oz Marinara Sauce 1 Ea MF Bun / Roll 3.25 oz wt Fresh Relishes 4 fl oz Peas 1 serv Fruit 8 fl oz Skim Milk K | 200 37 193 25 59 70 91 | 8 fl oz Turkey Noodle Cass 4 fl oz Broccoli 6 fl oz Tossed Salad 1 fl oz Lite French Dressing 1 Pc Frosted White Cake 1 serv Bread +Butter 8 fl oz Skim Milk K | 441 53 8 83 273 235 91 |
| 2636 | TOTAL CALORIES | 777 | TOTAL CALORIES | 675 | TOTAL CALORIES | 1184 |
| TUE 10 | 4 fl oz Orange Juice 8 fl oz NAS Oatmeal w/bran 2 Ea Pancake 2 fl oz Pancake Syrup 2 Tbsp PEANUT Butter K 1 pkt Sugar K 8 fl oz Skim Milk K | 55 112 324 186 189 11 91 | 1 Ea Chicken Patty 1 Ea MF Bun / Roll 6 fl oz Brown Rice 4 fl oz Black-Eyed Peas 4 fl oz Spinach 1 pkt Lite Salad Dressing 8 fl oz Skim Milk K | 210 193 155 96 22 14 91 | 1 Ea Chic Kielbasa 1 Ea MF Bun / Roll 6 oz wt NAS Potato Wedges 4 fl oz Green Beans 1 serv Fruit 1 Ea Ketchup & Mustard 1 pat Butter-K 1 fl oz Onion 8 fl oz Skim Milk K | 190 193 213 19 70 41 58 8 91 |
| 2632 | TOTAL CALORIES | 968 | TOTAL CALORIES | 781 | TOTAL CALORIES | 883 |
| WED 11 | 4 fl oz Grape Juice 8 fl oz NAS Farina w Bran 1 Ea Muffin 2 Tbsp PEANUT Butter K 2 sl WWMF LS Toast 1 pkt Sugar K 8 fl oz Skim Milk K | 70 103 209 189 167 11 91 | 1 Ea NAS Hamburger Patty 1 sl American Cheese 1 Ea MF Bun / Roll 1 oz wt Potato Chips 4 fl oz Mixed Vegetables 1 serv Fruit 1 Ea Sherbet Cup 1 Ea Ketchup & Mustard 1 fl oz Onion 8 fl oz Skim Milk K | 200 52 193 158 65 70 108 41 8 91 | 1 Pc Beef Roast 1 Ea Baked Potato 2 fl oz Beef Gravy 4 fl oz Peas & Carrots 1 Pc Frst Chocolate Cake 1 serv Bread +Butter 8 fl oz Skim Milk K | 143 115 50 43 241 235 91 |
| 2744 | TOTAL CALORIES | 840 | TOTAL CALORIES | 986 | TOTAL CALORIES | 918 |
| THU 12 | 4 fl oz Pineapple Juice K 8 fl oz Bran Flakes Cereal K 1 Pc Banana Bread 2 Tbsp PEANUT Butter K 2 sl WWMF LS Toast 1 pkt Sugar K 8 fl oz Skim Milk K | 58 176 162 189 167 11 91 | 1 Ea Country Fried Beef 6 fl oz Brown Rice 2 fl oz Cream Gravy (fl oz) 4 fl oz Carrots 1 serv Fruit 1 pat Butter-K 2 sl MF/LS Bread 8 fl oz Skim Milk K | 359 155 94 30 70 58 167 91 | 8 fl oz Pasta Primavera 4 fl oz Spinach 6 fl oz Tossed Salad 1 fl oz Lite French Dressing 1 serv Fruit 1 sl French Bread 1 pat Butter-K 8 fl oz Skim Milk K | 362 22 8 83 70 114 58 91 |
| 2686 | TOTAL CALORIES | 854 | TOTAL CALORIES | 1024 | TOTAL CALORIES | 808 |
| FRI 13 | 4 fl oz Apple Juice K 8 fl oz NAS Grits 2 Tbsp PEANUT Butter K 2 sl WWMF LS Toast 1 pkt Sugar K 8 fl oz Skim Milk K | 55 92 189 167 11 91 | 8 fl oz Pea Soup 4 Ea Soda Crackers K 1 Ea Breaded Pollock 1 Ea MF Bun / Roll 4 fl oz Creamy Coleslaw 1 serv Fruit 1 pkt Tartar Sauce K 8 fl oz Skim Milk K | 204 50 230 193 80 70 35 91 | 8 fl oz Span Rice Cass 4 fl oz Corn 1 oz wt Tortilla Chips 2 fl oz Salsa 1 serv Bread +Butter 1 Pc Choc. Cream Pie 8 fl oz Skim Milk K | 279 70 142 19 235 279 91 |
| 2673 | TOTAL CALORIES | 605 | TOTAL CALORIES | 953 | TOTAL CALORIES | 1115 |
| SAT 14 | 4 fl oz Cranapple Juice K 8 fl oz Bran Flakes Cereal K 2 Tbsp PEANUT Butter K 2 sl WWMF LS Toast 1 fl oz Assorted Jelly K 1 pkt Sugar K 8 fl oz Skim Milk K | 68 176 189 167 104 11 91 | 8 fl oz Chicken Noodle Cass 4 fl oz Broccoli 1 serv Fruit 1 Pc Apple Bar 1 serv Bread +Butter 8 fl oz Skim Milk K | 433 53 70 172 235 91 | 1 Ea Chic Kielbasa 1 Ea MF Bun / Roll 4 fl oz Baked Beans 1 serv Fruit 1 Ea Ketchup & Mustard 1 fl oz Onion 8 fl oz Skim Milk K | 190 193 154 70 41 8 91 |
| 2607 | TOTAL CALORIES | 806 | TOTAL CALORIES | 1054 | TOTAL CALORIES | 747 |
| Avg. 2663 | BREAKFAST Avg. | 787 | NOON Avg. | 932 | EVENING Avg. | 945 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - MALE w/ Bakery CMM

Sun Feb 15, 2015 through Sat Feb 21, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|------------------|------------------------------|-----------------------|------------------------------|---------------------------|------------------------------|-----------------------|
| SUN 15 | 4 fl oz Orange Juice | 55 | 8 fl oz Scalpd Pot & Tk Ham | 236 | 4 fl oz Turkey w/Gravy | 91 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 4 fl oz Mixed Vegetables | 65 | 6 fl oz Mashed Potato | 176 |
| | 4 fl oz MF/NAS ScrambledEggs | 111 | 4 fl oz Cucumber Salad | 185 | 4 fl oz Peas & Carrots | 43 |
| | 2 sl WWMF LS Toast | 167 | 4 fl oz Cinn Applesauce | 54 | 2 fl oz Cranberry Sauce K | 107 |
| | 1 pat Butter-K | 58 | 1 Ea Cookie, Assorted HM | 192 | 1 Ea Cookie, Assorted HM | 192 |
| | 1 pkt Sugar K | 11 | 1 serv Bread +Butter | 235 | 1 serv Bread +Butter | 235 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2598 | TOTAL CALORIES | 605 | TOTAL CALORIES | 1058 | TOTAL CALORIES |
| MON 16 | 4 fl oz Grape Juice | 70 | 8 fl oz Chicken Stir Fry | 157 | 8 fl oz Turkey Veg Soup | 62 |
| | 8 fl oz Assorted Cereal | 139 | 6 fl oz Brown Rice | 155 | 4 Ea Soda Crackers K | 50 |
| | 2 Tbsp PEANUT Butter K | 189 | 4 fl oz Broccoli | 53 | 1 Ea MF Bun / Roll | 193 |
| | 2 sl WWMF LS Toast | 167 | 6 fl oz Tossed Salad | 8 | 1 serv Salami & Bologna | 123 |
| | 1 fl oz Assorted Jelly K | 104 | 1 fl oz Lite French Dressing | 83 | 1 sl American Cheese | 52 |
| | 1 pkt Sugar K | 11 | 1 Pc Frst Chocolate Cake | 230 | 1 serv Lettuce/Tom Slice | 5 |
| | 8 fl oz Skim Milk K | 91 | 2 sl MF/LS Bread | 167 | 1 oz wt Potato Chips | 158 |
| | | | 1 pat Butter-K | 58 | 1 serv Fruit | 70 |
| | | 8 fl oz Skim Milk K | 91 | 1 pkt Mustard | 3 | |
| | | | | 1 pkt Lite Salad Dressing | 14 | |
| | | | | 8 fl oz Skim Milk K | 91 | |
| 2594 | TOTAL CALORIES | 771 | TOTAL CALORIES | 1002 | TOTAL CALORIES | 821 |
| TUE 17 | 4 fl oz Orange Juice | 55 | 4 fl oz Taco Filling | 129 | 8 fl oz Spaghetti Sauce | 165 |
| | 8 fl oz NAS Grits | 92 | 1 fl oz Shrd Cheese | 110 | 6 fl oz Rotini Pasta | 155 |
| | 2 sl French Toast LS | 351 | 6 fl oz Refried Beans | 320 | 4 fl oz Green Beans | 19 |
| | 2 fl oz Pancake Syrup | 186 | 6 fl oz Mex Rice w/Br Rice | 129 | 6 fl oz Tossed Salad | 8 |
| | 1 pat Butter-K | 58 | 2 fl oz Shredded Lettuce | 2 | 1 fl oz Italian Dressing | 170 |
| | 1 pkt Sugar K | 11 | 1 Ea WG Flour Tortilla | 120 | 1 Ea Ice Cream Cup | 130 |
| | 8 fl oz Skim Milk K | 91 | 2 fl oz Salsa | 19 | 1 sl French Bread | 114 |
| | | | 1 serv Fruit | 70 | 1 pat Butter-K | 58 |
| | | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | |
| 2744 | TOTAL CALORIES | 844 | TOTAL CALORIES | 990 | TOTAL CALORIES | 910 |
| WED 18 | 4 fl oz Cranapple Juice K | 68 | 8 fl oz Minestrone Soup | 71 | 4 fl oz Beef w/Gravy | 142 |
| | 8 fl oz NAS Farina w Bran | 103 | 4 Ea Soda Crackers K | 50 | 6 fl oz Mashed Potato | 176 |
| | 2 Tbsp PEANUT Butter K | 189 | 3 Ea Meatballs | 220 | 4 fl oz Carrots | 30 |
| | 2 sl WWMF LS Toast | 167 | 2 fl oz Marinara Sauce | 37 | 6 fl oz Tossed Salad | 8 |
| | 1 pkt Sugar K | 11 | 1 Ea MF Bun / Roll | 193 | 1 fl oz Lite French Dressing | 83 |
| | 8 fl oz Skim Milk K | 91 | 6 fl oz Pasta Veg Salad | 321 | 1 Pc Apple Bar | 172 |
| | | | 1 serv Fruit | 70 | 1 serv Bread +Butter | 235 |
| | | | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| 2619 | TOTAL CALORIES | 629 | TOTAL CALORIES | 1053 | TOTAL CALORIES | 937 |
| THU 19 | 4 fl oz Pineapple Juice K | 58 | 8 fl oz 3 Bean Chili | 132 | 1 Ea NAS Hamburger Patty | 200 |
| | 8 fl oz Assorted Cereal | 139 | 4 Ea Soda Crackers K | 50 | 1 Ea MF Bun / Roll | 193 |
| | 1 Ea Apple Bran Muffin | 222 | 1 fl oz Shrd Cheese | 110 | 6 fl oz NAS OvenBrown Potato | 245 |
| | 2 sl WWMF LS Toast | 167 | 1 serv Fruit | 70 | 4 fl oz Mixed Vegetables | 65 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 Pc Corn Bread | 219 | 1 serv Fruit | 70 |
| | 1 pkt Sugar K | 11 | 1 Pc Frosted Banana Cake | 247 | 1 Ea Ketchup & Mustard | 41 |
| | 8 fl oz Skim Milk K | 91 | 1 pat Butter-K | 58 | 1 fl oz Onion | 8 |
| | | | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| 2767 | TOTAL CALORIES | 877 | TOTAL CALORIES | 977 | TOTAL CALORIES | 913 |
| FRI 20 | 4 fl oz Apple Juice K | 55 | 1 Ea Baked Chicken, SF | 211 | 8 fl oz Chicken Noodle Soup | 74 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 2 fl oz Chicken Gravy | 42 | 4 Ea Soda Crackers K | 50 |
| | 1 Pc Banana Bread | 162 | 6 fl oz Brown Rice | 155 | 1 Ea Breaded Pollock | 230 |
| | 2 sl WWMF LS Toast | 167 | 4 fl oz Creamy Coleslaw | 80 | 6 fl oz NAS Potato Wedges | 162 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 serv Fruit | 70 | 2 sl Rye Bread | 127 |
| | 1 pkt Sugar K | 11 | 2 sl MF/LS Bread | 167 | 1 Ea Cookie, Assorted HM | 192 |
| | 8 fl oz Skim Milk K | 91 | 1 pat Butter-K | 58 | 1 pkt Tartar Sauce K | 35 |
| | | | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| 2622 | TOTAL CALORIES | 787 | TOTAL CALORIES | 874 | TOTAL CALORIES | 961 |
| SAT 21 | 4 fl oz Grape Juice | 70 | 3 oz wt Turkey Ham | 120 | 4 fl oz Sloppy Joe | 162 |
| | 8 fl oz Bran Flakes Cereal K | 176 | 6 fl oz Mashed Sweet Potato | 166 | 1 Ea MF Bun / Roll | 193 |
| | 2 Tbsp PEANUT Butter K | 189 | 4 fl oz Black-Eyed Peas | 96 | 1 oz wt Potato Chips | 158 |
| | 1 Ea Muffin | 209 | 1 serv Fruit | 70 | 4 fl oz Green Beans | 19 |
| | 2 sl WWMF LS Toast | 167 | 1 serv Bread +Butter | 235 | 1 serv Fruit | 70 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 Pc Frosted White Cake | 273 |
| | 8 fl oz Skim Milk K | 91 | | | 8 fl oz Skim Milk K | 91 |
| | 2657 | TOTAL CALORIES | 913 | TOTAL CALORIES | 778 | TOTAL CALORIES |
| Avg. | | | | | | |
| 2657 | BREAKFAST Avg. | 775 | NOON Avg. | 962 | EVENING Avg. | 920 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - MALE w/ Bakery CMM

Sun Feb 22, 2015 through Sat Feb 28, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|------------------|------------------------------|-----------------------|------------------------------|-----------------------|------------------------------|-----------------------|
| SUN 22 | 4 fl oz Orange Juice | 55 | 8 fl oz Turkey Noodle Cass | 441 | 1 Ea Chicken Patty | 210 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 4 fl oz Peas | 59 | 2 fl oz Chicken Gravy | 42 |
| | 1 Pc Egg Bake | 355 | 6 fl oz Tossed Salad | 8 | 4 fl oz Bread Stuffing | 176 |
| | 2 sl WWMF LS Toast | 167 | 1 fl oz Lite French Dressing | 83 | 4 fl oz Spinach | 22 |
| | 1 pat Butter-K | 58 | 1 serv Fruit | 70 | 1 serv Fruit | 70 |
| | 1 pkt Sugar K | 11 | 1 serv Bread +Butter | 235 | 1 serv Bread +Butter | 235 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2682 | TOTAL CALORIES | 849 | TOTAL CALORIES | 987 | TOTAL CALORIES |
| MON 23 | 4 fl oz Cranapple Juice K | 68 | 8 fl oz Tomato Rice Soup | 85 | 8 fl oz TaterTot Cass | 315 |
| | 8 fl oz Assorted Cereal | 139 | 4 Ea Soda Crackers K | 50 | 4 fl oz Corn | 70 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 SW Grilled Cheese LS | 313 | 1 serv Fruit | 70 |
| | 2 sl WWMF LS Toast | 167 | 6 fl oz Pasta Veg Salad | 321 | 1 Ea MF Bun / Roll | 193 |
| | 1 pkt Sugar K | 11 | 4 fl oz Mixed Vegetables | 65 | 1 pat Butter-K | 58 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Cookie, Assorted HM | 192 | 8 fl oz Skim Milk K | 91 |
| | | | 8 fl oz Skim Milk K | 91 | | |
| | 2579 | TOTAL CALORIES | 665 | TOTAL CALORIES | 1117 | TOTAL CALORIES |
| TUE 24 | 4 fl oz Grape Juice | 70 | 1 Ea NAS Hamburger Patty | 200 | 8 fl oz Chicken Ala King | 129 |
| | 8 fl oz Assorted Cereal | 139 | 1 Ea MF Bun / Roll | 193 | 6 fl oz Brown Rice | 155 |
| | 2 sl French Toast LS | 351 | 4 fl oz Baked Beans | 154 | 4 fl oz Carrots | 30 |
| | 2 fl oz Pancake Syrup | 186 | 4 fl oz Creamy Coleslaw | 80 | 4 fl oz Cucumber Tom Salad | 36 |
| | 1 pat Butter-K | 58 | 1 Ea Ketchup & Mustard | 41 | 1 Pc Frosted Marble Cake | 280 |
| | 1 pkt Sugar K | 11 | 1 fl oz Onion | 8 | 1 serv Bread +Butter | 235 |
| | 8 fl oz Skim Milk K | 91 | 1 serv Fruit | 70 | 8 fl oz Skim Milk K | 91 |
| | 2699 | TOTAL CALORIES | 906 | TOTAL CALORIES | 837 | TOTAL CALORIES |
| WED 25 | 4 fl oz Orange Juice | 55 | 4 fl oz Chicken BBQ | 182 | 1 Pc Vegetable Meat Pizza | 447 |
| | 8 fl oz Assorted Cereal | 139 | 1 Ea MF Bun / Roll | 193 | 6 fl oz Tossed Salad | 8 |
| | 2 Tbsp PEANUT Butter K | 189 | 6 fl oz Amer Potato Salad | 192 | 1 fl oz Italian Dressing | 170 |
| | 2 sl WWMF LS Toast | 167 | 4 fl oz Corn | 70 | 1 serv Fruit | 70 |
| | 1 fl oz Assorted Jelly K | 104 | 3.25 oz wt Fresh Relishes | 25 | 1 sl French Bread | 114 |
| | 1 pkt Sugar K | 11 | 1 Ea Ice Cream Cup | 130 | 1 pat Butter-K | 58 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2597 | TOTAL CALORIES | 756 | TOTAL CALORIES | 883 | TOTAL CALORIES |
| THU 26 | 4 fl oz Apple Juice K | 55 | 1 Ea Hot Dog | 220 | 8 fl oz Beef Stew | 292 |
| | 8 fl oz Bran Flakes Cereal K | 176 | 2 fl oz Chili Dog Chili | 95 | 4 fl oz Vegetable Salad | 158 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 Ea MF Bun / Roll | 193 | 1 serv Fruit | 70 |
| | 2 sl WWMF LS Toast | 167 | 1 oz wt Corn Chips CN K | 168 | 1 Ea Biscuit | 187 |
| | 1 pkt Sugar K | 11 | 1 Pc Powder Sugar Brownie | 249 | 1 pat Butter-K | 58 |
| | 8 fl oz Skim Milk K | 91 | 1 fl oz Onion | 8 | 8 fl oz Skim Milk K | 91 |
| | | | 8 fl oz Skim Milk K | 91 | | |
| | 2569 | TOTAL CALORIES | 689 | TOTAL CALORIES | 1024 | TOTAL CALORIES |
| FRI 27 | 4 fl oz Orange Juice | 55 | 1 Ea Cajun Sausage | 249 | 8 fl oz Beef Barley Veg Soup | 111 |
| | 8 fl oz NAS Farina w Bran | 103 | 6 fl oz Red Beans & Rice | 166 | 4 Ea Soda Crackers K | 50 |
| | 2 Ea Pancake | 324 | 4 fl oz Spinach | 22 | 1 Ea Breaded Pollock | 230 |
| | 2 fl oz Pancake Syrup | 186 | 1 serv Fruit | 70 | 1 Ea MF Bun / Roll | 193 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 Ea Corn Bread Muffin | 154 | 1 pkt Tartar Sauce K | 35 |
| | 1 pkt Sugar K | 11 | 1 pat Butter-K | 58 | 4 fl oz Creamy Coleslaw | 80 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 1 serv Fruit | 70 |
| | 2629 | TOTAL CALORIES | 959 | TOTAL CALORIES | 810 | TOTAL CALORIES |
| SAT 28 | 4 fl oz Cranapple Juice K | 68 | 8 fl oz Chicken Noodle Soup | 74 | 1 Ea Chic Kielbasa | 190 |
| | 8 fl oz Assorted Cereal | 139 | 4 Ea Soda Crackers K | 50 | 1 Ea MF Bun / Roll | 193 |
| | 1 Ea Muffin | 209 | 2 oz wt Turkey Ham | 81 | 6 fl oz Veg Spaghetti Salad | 180 |
| | 2 sl WWMF LS Toast | 167 | 1 sl American Cheese | 52 | 4 fl oz Green Beans | 19 |
| | 2 Tbsp PEANUT Butter K | 189 | 1 pkt Lite Salad Dressing | 14 | 1 Pc Frosted Pumpkin Bar | 218 |
| | 1 pkt Sugar K | 11 | 3.25 oz wt Fresh Relishes | 25 | 1 Ea Ketchup & Mustard | 41 |
| | 8 fl oz Skim Milk K | 91 | 1 oz wt Tortilla Chips | 142 | 1 fl oz Onion | 8 |
| | 2580 | TOTAL CALORIES | 874 | TOTAL CALORIES | 766 | TOTAL CALORIES |
| Avg. 2619 | BREAKFAST Avg. | 814 | NOON Avg. | 918 | EVENING Avg. | 888 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - FEMALE

Sun Feb 01, 2015 through Sat Feb 07, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|------------------|------------------------------|-----------------------|------------------------------|-----------------------|------------------------------|-----------------------|
| SUN 01 | 4 fl oz Pineapple Juice K | 58 | 3 oz wt Turkey Ham | 121 | 3 Ea Meatballs | 170 |
| | 6 fl oz RA Bran Flakes Cer K | 140 | 6 fl oz Scalloped Potato | 155 | 2 fl oz Brown Gravy | 42 |
| | 2 sl MF/LS Toast | 133 | 4 fl oz Broccoli | 53 | 1 Ea Baked Potato | 115 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Peas & Cheese Salad | 156 | 4 fl oz Carrots | 30 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 Ea Banana | 100 | 1 Ea Cookie, Assorted HM | 192 |
| | 1 pkt Sugar K | 11 | 1 serv MF/SF Bread+Butter | 103 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2101 | TOTAL CALORIES | 579 | TOTAL CALORIES | 779 | TOTAL CALORIES |
| MON 02 | 4 fl oz Orange Juice | 55 | 6 fl oz Macaroni & Cheese | 473 | 1 Ea NAS Hamburger Patty | 200 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 6 fl oz Tossed Salad | 8 | 1 Ea MF Bun | 183 |
| | 2 sl MF/LS Toast | 133 | 1 fl oz Lite French Dressing | 83 | 6 fl oz NAS OvenBrown Potato | 245 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Peas | 59 | 1 serv Lettuce/Tom Slices | 7 |
| | 1 pkt Sugar K | 11 | 4 fl oz Tropical Fruit | 79 | 1 Ea Ketchup & Mustard | 13 |
| | 8 fl oz Skim Milk K | 91 | 1 serv MF/SF Bread+Butter | 103 | 1 fl oz Onion | 8 |
| | | | 8 fl oz Skim Milk K | 91 | 1 Ea Fresh Fruit | 73 |
| | | | | | 8 fl oz Skim Milk K | 91 |
| 2212 | TOTAL CALORIES | 496 | TOTAL CALORIES | 896 | TOTAL CALORIES | 820 |
| TUE 03 | 4 fl oz Grape Juice | 70 | 3 fl oz Chic Fajita Filling | 89 | 1 Ea Salisbury Steak | 310 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 1 Ea WG Flour Tortilla | 120 | 2 fl oz Brown Gravy | 42 |
| | 2 Ea Waffle K | 142 | 4 fl oz Rice Pilaf | 145 | 1 Ea Baked Potato | 115 |
| | 2 fl oz Pancake Syrup | 186 | 2 fl oz Shredded Lettuce | 2 | 4 fl oz Green Beans | 19 |
| | 1 Ea Yogurt | 94 | 1 fl oz Shrd Cheese | 110 | 1 Ea Fresh Fruit | 73 |
| | 2 pat Butter | 67 | 2 fl oz Salsa | 19 | 1 serv MF/SF Bread+Butter | 103 |
| | 1 pkt Sugar K | 11 | 4 fl oz Applesauce K | 86 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | | |
| 2208 | TOTAL CALORIES | 793 | TOTAL CALORIES | 662 | TOTAL CALORIES | 753 |
| WED 04 | 4 fl oz Orange Juice | 55 | 6 fl oz Spaghetti Sauce | 124 | 6 fl oz Navy Bean Soup | 116 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 6 fl oz Spaghetti | 159 | 1 pkt Soda Cracker | 23 |
| | 2 sl MF/LS Toast | 133 | 4 fl oz Mixed Vegetables | 65 | 1 serv Salami & Bologna | 123 |
| | 1 Tbsp PEANUT Butter K | 94 | 1 Ea Orange | 55 | 1 sl American Cheese | 52 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 serv French Bread & Butter | 186 | 1 Ea MF Bun | 183 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 serv Lettuce/Tom Slices | 7 |
| | 8 fl oz Skim Milk K | 91 | | | 1 pkt Lite Salad Dressing | 14 |
| | | | | | 1 Pc Powder Sugar Brownie | 249 |
| | | | | 8 fl oz Skim Milk K | 91 | |
| 2086 | TOTAL CALORIES | 548 | TOTAL CALORIES | 680 | TOTAL CALORIES | 858 |
| THU 05 | 4 fl oz Cranapple Juice K | 68 | 3 fl oz Sloppy Joe | 105 | 6 fl oz Chicken Stir Fry | 118 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 1 Ea MF Bun | 183 | 4 fl oz Brown Rice | 103 |
| | 2 sl MF/LS Toast | 133 | 1 oz wt Potato Chips | 158 | 4 fl oz Green Beans | 19 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Beets | 37 | 4 fl oz Apricots K | 59 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 Ea Banana | 100 | 1 serv MF/SF Bread+Butter | 103 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 Ea Molasses Cookie | 272 |
| | 8 fl oz Skim Milk K | 91 | | | 8 fl oz Skim Milk K | 91 |
| | 2020 | TOTAL CALORIES | 581 | TOTAL CALORIES | 674 | TOTAL CALORIES |
| FRI 06 | 4 fl oz Orange Juice | 55 | 6 fl oz Beef Barley Veg Soup | 83 | 2.66 fl oz Taco Filling | 76 |
| | 6 fl oz Toasted Oat Cereal K | 93 | 1 pkt Soda Cracker | 23 | 6 fl oz Refried Beans | 320 |
| | 4 fl oz NAS Scrambled Eggs | 115 | 3 fl oz Tuna Salad Filling | 150 | 4 fl oz Mex Rice w/Br Rice | 86 |
| | 2 sl MF/LS Toast | 133 | 1 serv Lettuce/Tom Slices | 7 | 2 fl oz Shrd Cheese | 219 |
| | 2 pat Butter | 67 | 2 sl MF/LS Bread | 133 | 1 serv Lettuce & Tomato | 6 |
| | 1 pkt Sugar K | 11 | 4 stick Carrot Stick | 25 | 1 fl oz Taco Sauce | 11 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Sherbet Cup | 108 | 1 fl oz Low Fat Sour Cream | 36 |
| | | | 8 fl oz Skim Milk K | 91 | 1 Ea WG Flour Tortilla | 120 |
| | | | | 1 Ea Banana | 100 | |
| | | | | 8 fl oz Skim Milk K | 91 | |
| 2250 | TOTAL CALORIES | 565 | TOTAL CALORIES | 620 | TOTAL CALORIES | 1065 |
| SAT 07 | 4 fl oz Grape Juice | 70 | 6 fl oz Chili Con Carne | 159 | 1 Ea Chicken Patty | 210 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 1 pkt Soda Cracker | 23 | 1 Ea MF Bun | 183 |
| | 2 sl MF/LS Toast | 133 | 4 fl oz Wax Beans | 23 | 1 serv Lettuce/Tom Slices | 7 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Canned Pears K | 58 | 6 fl oz Obrien-AmerFr-Potato | 177 |
| | 1 pkt Sugar K | 11 | 1 Ea Oatmeal RaisinCookie | 175 | 4 fl oz Broccoli | 53 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Corn Bread Muffin | 154 | 4 fl oz Mandarin Oranges | 91 |
| | | | 1 pat Butter | 33 | 1 pkt Lite Salad Dressing | 14 |
| | | | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| 2073 | TOTAL CALORIES | 531 | TOTAL CALORIES | 716 | TOTAL CALORIES | 826 |
| Avg. 2136 | BREAKFAST Avg. | 585 | NOON Avg. | 718 | EVENING Avg. | 833 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - FEMALE

Sun Feb 08, 2015 through Sat Feb 14, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|---------------|------------------------------|-----------------------|------------------------------|-----------------------|---------------------------|-----------------------|
| SUN 08 | 4 fl oz Apple Juice K | 55 | 1 Ea Dinner Loaf Patty | 274 | 6 fl oz Turkey Tetrazzini | 208 |
| | 6 fl oz ShrdWheat Cereal | 134 | 6 fl oz Mashed Potato | 113 | 4 fl oz Peas | 59 |
| | 2 sl MF/LS Toast | 133 | 2 fl oz Brown Gravy | 42 | 2 fl oz Cranberry Sauce K | 107 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Corn | 70 | 1 serv MF/SF Bread+Butter | 103 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 Ea Banana | 100 | 4 fl oz Fruit Cocktail K | 60 |
| | 1 pkt Sugar K | 11 | 1 serv MF/SF Bread+Butter | 103 | 1 Ea Snickerdoodle Cookie | 155 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2146 | TOTAL CALORIES | 570 | TOTAL CALORIES | 793 | TOTAL CALORIES |
| MON 09 | 4 fl oz Orange Juice | 55 | 6 fl oz Turkey Noodle Cass | 331 | 1 Ea Pizza Patty | 200 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 4 fl oz Broccoli | 53 | 1 Ea MF Bun/Roll | 193 |
| | 1 Ea Yogurt | 94 | 6 fl oz Tossed Salad | 8 | 2 fl oz Pizza Sauce | 31 |
| | 2 sl MF/LS Toast | 133 | 1 fl oz Ranch Dressing | 36 | 4 fl oz Pasta Veg Salad | 214 |
| | 2 pat Butter | 67 | 1 Ea Orange | 55 | 4 fl oz Carrots | 30 |
| | 1 pkt Sugar K | 11 | 1 stick Garlic Bread Stick | 137 | 4 fl oz Pineapple K | 89 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2122 | TOTAL CALORIES | 563 | TOTAL CALORIES | 711 | TOTAL CALORIES |
| TUE 10 | 4 fl oz Cranapple Juice K | 68 | 6 fl oz Tatertot Cass | 233 | 1 Ea Corn Dog CN | 280 |
| | 6 fl oz Rice Cereal K | 93 | 4 fl oz Corn | 70 | 1 oz wt Corn Chips CN K | 168 |
| | 2 Ea Pancake | 114 | 4 fl oz CreamyCucumber Salad | 76 | 4 fl oz Green Beans | 19 |
| | 2 fl oz Pancake Syrup | 186 | 1 Pc Choc. Cream Pie | 297 | 1 Ea Ketchup & Mustard | 13 |
| | 2 pat Butter | 67 | 1 serv MF/SF Bread+Butter | 103 | 4 fl oz Peaches K | 70 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | | | | |
| | 2141 | TOTAL CALORIES | 630 | TOTAL CALORIES | 870 | TOTAL CALORIES |
| WED 11 | 4 fl oz Orange Juice | 55 | 1 Ea NAS Hamburger Patty | 200 | 6 fl oz Beef Tips/Soy | 137 |
| | 8 fl oz NAS Farina w Bran | 103 | 1 Ea MF Bun/Roll | 193 | 1 Ea Baked Potato | 115 |
| | 1 sl MF/LS Toast | 67 | 4 oz wt French Fries | 169 | 4 fl oz Beets | 37 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Mixed Vegetables | 65 | 1 Pc Frstd Yellow Cake | 188 |
| | 1 Ea Muffin | 209 | 1 serv Lettuce/Tom Slices | 7 | 1 serv MF/SF Bread+Butter | 103 |
| | 1 pkt Sugar K | 11 | 4 fl oz Applesauce K | 86 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Ketchup & Mustard | 13 | | |
| | | | 8 fl oz Skim Milk K | 91 | | |
| 2125 | TOTAL CALORIES | 630 | TOTAL CALORIES | 824 | TOTAL CALORIES | 671 |
| THU 12 | 4 fl oz Pineapple Juice K | 58 | 6 fl oz Pasta Primavera | 269 | 1 Ea Baked Chicken, SF | 211 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 4 fl oz Wax Beans | 23 | 1/2 Ea Baked Sweet Potato | 77 |
| | 1 Ea Yogurt | 94 | 6 fl oz Tossed Salad | 8 | 4 fl oz Spinach | 22 |
| | 1 sl MF/LS Toast | 67 | 1 fl oz Lite French Dressing | 83 | 1 Ea Corn Bread Muffin | 154 |
| | 1 Pc Banana Bread | 159 | 1 Ea Banana | 100 | 1 pat Butter | 33 |
| | 2 pat Butter | 67 | 1 serv French Bread & Butter | 186 | 4 fl oz Flavored Gelatin | 71 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | | | | |
| 2098 | TOTAL CALORIES | 679 | TOTAL CALORIES | 760 | TOTAL CALORIES | 659 |
| FRI 13 | 1 Ea Banana | 100 | 6 fl oz Split Pea Soup, MF | 131 | 1 Ea Chicken Pot Pie | 444 |
| | 8 fl oz NAS Grits | 92 | 1 pkt Soda Cracker | 23 | 4 fl oz Broccoli | 53 |
| | 1 egg Hard Cooked Egg K | 68 | 1 Ea Breaded Pollock | 230 | 1 Ea Ice Cream Cup | 130 |
| | 2 sl MF/LS Toast | 133 | 1 Ea MF Bun/Roll | 193 | 1 Ea Fresh Fruit | 73 |
| | 2 pat Butter | 67 | 4 fl oz Creamy Coleslaw | 80 | 1 serv MF/SF Bread+Butter | 103 |
| | 1 pkt Sugar K | 11 | 1 pkt Tartar Sauce K | 35 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | 4 fl oz Canned Pears K | 58 | | |
| | | | 8 fl oz Skim Milk K | 91 | | |
| 2297 | TOTAL CALORIES | 562 | TOTAL CALORIES | 841 | TOTAL CALORIES | 894 |
| SAT 14 | 4 fl oz Orange Juice | 55 | 6 fl oz Span Rice Cass | 209 | 1 Ea Chic Kielbasa | 190 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 4 fl oz Corn | 70 | 1 Ea MF Bun/Roll | 193 |
| | 2 sl MF/LS Toast | 133 | 8 fl oz Tortilla Chips | 142 | 6 fl oz Pretzel Twists | 90 |
| | 1 Tbsp PEANUT Butter K | 94 | 2 fl oz Salsa | 19 | 4 fl oz Cauliflower | 27 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 Ea Banana | 100 | 4 fl oz Mandarin Oranges | 91 |
| | 1 pkt Sugar K | 11 | 1 Pc Apple Bar | 172 | 1 Ea Ketchup & Mustard | 13 |
| | 8 fl oz Skim Milk K | 91 | 1 serv MF/SF Bread+Butter | 103 | 8 fl oz Skim Milk K | 91 |
| | | | 8 fl oz Skim Milk K | 91 | | |
| 2169 | TOTAL CALORIES | 568 | TOTAL CALORIES | 906 | TOTAL CALORIES | 695 |
| Avg. 2157 | BREAKFAST Avg. | 600 | NOON Avg. | 815 | EVENING Avg. | 742 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - FEMALE

Sun Feb 15, 2015 through Sat Feb 21, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|--------------|------------------------------|------------|------------------------------|---------------------|------------------------------|------------|
| SUN 15 | 4 fl oz Orange Juice | 55 | 3 oz wt Turkey Ham | 144 | 6 fl oz Turkey Veg Soup | 47 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 6 fl oz Scalloped Potato | 155 | 1 pkt Soda Cracker | 23 |
| | 2 sl MF/LS Toast | 133 | 4 fl oz Mixed Vegetables | 65 | 1 serv Salami/Bologna/Ham | 165 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz CreamyCucumber Salad | 76 | 1 Ea MF Bun | 183 |
| | 0.5 fl oz Assorted Jelly K | 52 | 4 fl oz Cinn Applesauce | 54 | 1 serv Lettuce/Tom Slices | 7 |
| | 1 pkt Sugar K | 11 | 1 serv MF/SF Bread+Butter | 103 | 1 oz wt Potato Chips | 158 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 1 pkt Lite Salad Dressing | 14 |
| | | | | | 4 fl oz Tropical Fruit | 79 |
| | | | | 8 fl oz Skim Milk K | 91 | |
| 2023 | TOTAL CALORIES | 568 | TOTAL CALORIES | 688 | TOTAL CALORIES | 767 |
| MON 16 | 4 fl oz Grape Juice | 70 | 1 Ea Baked Potato | 115 | 3 oz wt Roast Turkey | 135 |
| | 6 fl oz RA Bran Flakes Cer K | 140 | 2 fl oz Cheese Sauce | 28 | 6 fl oz Mashed Potato | 113 |
| | 4 fl oz NAS Scrambled Eggs | 115 | 1/2 fl oz Bacon Bits-Imit | 46 | 2 fl oz Chicken Gravy | 42 |
| | 2 sl MF/LS Toast | 133 | 1 fl oz Low Fat Sour Cream | 36 | 4 fl oz Peas & Carrots | 43 |
| | 0.5 fl oz Assorted Jelly K | 52 | 4 fl oz Broccoli | 53 | 2 fl oz Cranberry Sauce K | 107 |
| | 1 pat Butter | 33 | 6 fl oz Tossed Salad | 8 | 1 Ea Fresh Fruit | 73 |
| | 1 pkt Sugar K | 11 | 1 fl oz Lite French Dressing | 83 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Sugar Cookie | 169 | 8 fl oz Skim Milk K | 91 |
| | | | | | | |
| | | | | | | |
| 2084 | TOTAL CALORIES | 645 | TOTAL CALORIES | 732 | TOTAL CALORIES | 707 |
| TUE 17 | 4 fl oz Apple Juice K | 55 | 2.66 fl oz Taco Filling | 76 | 6 fl oz Spaghetti Sauce | 124 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 2 Ea Taco Shell | 100 | 4 fl oz Rotini Pasta | 103 |
| | 2 sl MF/LS Toast | 133 | 6 fl oz Refried Beans | 320 | 4 fl oz Green Beans | 19 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Mex Rice w/Br Rice | 86 | 6 fl oz Tossed Salad | 8 |
| | 1 Tbsp Brown Sugar | 34 | 2 fl oz Shrd Cheese | 219 | 1 fl oz Creamy Italian Drsg | 40 |
| | 8 fl oz Skim Milk K | 91 | 1 serv Lettuce & Tomato | 10 | 1 stick Garlic Bread Stick | 137 |
| | | | 1 fl oz Taco Sauce | 11 | 1 Ea Ice Cream Cup | 130 |
| | | | 1 fl oz Low Fat Sour Cream | 36 | 8 fl oz Skim Milk K | 91 |
| | | | | | | |
| | | | | | | |
| 2175 | TOTAL CALORIES | 519 | TOTAL CALORIES | 1004 | TOTAL CALORIES | 652 |
| WED 18 | 4 fl oz Orange Juice | 55 | 6 fl oz Minestrone Soup | 49 | 3 oz wt Beef Roast | 145 |
| | 8 fl oz NAS Farina w Bran | 103 | 1 pkt Soda Cracker | 23 | 6 fl oz Mashed Potato | 113 |
| | 2 sl MF/LS Toast | 133 | 3 Ea Meatballs | 170 | 2 fl oz Beef Gravy | 50 |
| | 1 Tbsp PEANUT Butter K | 94 | 1 Ea MF Bun/Roll | 193 | 4 fl oz Carrots | 30 |
| | 1 pkt Sugar K | 11 | 2 fl oz Italian Tomato Sauce | 31 | 1 Pc Peach Crisp | 196 |
| | 8 fl oz Skim Milk K | 91 | 1 sl Mozzarella Cheese | 72 | 1 serv MF/SF Bread+Butter | 103 |
| | | | 4 fl oz Seashell Salad | 108 | 8 fl oz Skim Milk K | 91 |
| | | | 4 fl oz Mandarin Oranges | 91 | | |
| | | | | | | |
| | | | | | | |
| 2043 | TOTAL CALORIES | 487 | TOTAL CALORIES | 828 | TOTAL CALORIES | 728 |
| THU 19 | 4 fl oz Pineapple Juice K | 58 | 1 Ea NAS Hamburger Patty | 200 | 6 fl oz 3 Bean Chili | 99 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 1 sl American Cheese | 52 | 1 pkt Soda Cracker | 23 |
| | 2 sl French Toast m/LS | 319 | 1 Ea MF Bun/Roll | 193 | 1 fl oz Shrd Cheese | 110 |
| | 2 fl oz Pancake Syrup | 186 | 6 fl oz NAS OvenBrown Potato | 245 | 4 fl oz Apricots K | 59 |
| | 2 pat Butter | 67 | 4 fl oz Beets | 37 | 1 Ea Corn Bread Muffin | 154 |
| | 1 pkt Sugar K | 11 | 1 serv Lettuce/Tom Slices | 7 | 1 pat Butter | 33 |
| | 8 fl oz Skim Milk K | 91 | 1 Ea Ketchup & Mustard | 13 | 8 fl oz Skim Milk K | 91 |
| | | | 1 Ea Banana | 100 | | |
| | | | | | | |
| | | | | | | |
| 2371 | TOTAL CALORIES | 864 | TOTAL CALORIES | 938 | TOTAL CALORIES | 569 |
| FRI 20 | 4 fl oz Orange Juice | 55 | 1 Ea Chicken Patty | 210 | 6 fl oz Chicken Noodle Soup | 56 |
| | 6 fl oz Corn Criss-Cross K | 83 | 1 Ea MF Bun | 183 | 1 pkt Soda Cracker | 23 |
| | 1 Ea Yogurt | 94 | 4 fl oz Creamy Coleslaw | 80 | 1 Ea Breaded Pollock | 230 |
| | 2 sl MF/LS Toast | 133 | 6 fl oz Baked Beans | 230 | 1 Ea MF Bun | 183 |
| | 2 pat Butter | 67 | 1 pkt Lite Salad Dressing | 14 | 6 fl oz Obrien-AmerFr-Potato | 177 |
| | 1 pkt Sugar K | 11 | 1 Ea Fresh Fruit | 73 | 1 pkt Tartar Sauce K | 35 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 1 Ea Choc Chip Cookie | 196 |
| | | | | | 8 fl oz Skim Milk K | 91 |
| | | | | | | |
| | | | | | | |
| 2406 | TOTAL CALORIES | 534 | TOTAL CALORIES | 881 | TOTAL CALORIES | 991 |
| SAT 21 | 4 fl oz Grape Juice | 70 | 3 fl oz Sloppy Joe | 105 | 3 oz wt Turkey Ham | 120 |
| | 6 fl oz Corn Flake Cereal K | 86 | 1 Ea MF Bun/Roll | 193 | 6 fl oz Mashed Sweet Potato | 166 |
| | 2 sl MF/LS Toast | 133 | 6 fl oz Tater Puffs | 149 | 4 fl oz Black-Eyed Peas | 96 |
| | 1 Tbsp PEANUT Butter K | 94 | 1 pkt Ketchup | 10 | 4 fl oz Pineapple K | 89 |
| | 0.5 fl oz Assorted Jelly K | 52 | 4 fl oz Green Beans | 19 | 4 fl oz Flavored Gelatin | 71 |
| | 1 pkt Sugar K | 11 | 1 Ea Banana | 100 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | 1 Pc Frstd White Cake | 188 | 8 fl oz Skim Milk K | 91 |
| | | | 8 fl oz Skim Milk K | 91 | | |
| | | | | | | |
| | | | | | | |
| 2128 | TOTAL CALORIES | 537 | TOTAL CALORIES | 855 | TOTAL CALORIES | 736 |
| Avg. 2176 | BREAKFAST Avg. | 593 | NOON Avg. | 847 | EVENING Avg. | 736 |

Week At A Glance Report

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Sorted by Menu, Then by Date/Meal, Then by Menu Sequence

Main Items Only

DOC - FEMALE

Sun Feb 22, 2015 through Sat Feb 28, 2015

| Date | BREAKFAST | kcal | NOON | kcal | EVENING | kcal |
|--------------|------------------------------|-----------------------|------------------------------|--------------------------|-----------------------------|-----------------------|
| SUN 22 | 4 fl oz Apple Juice K | 55 | 6 fl oz Turkey Noodle Cass | 331 | 1 Ea Chicken Patty | 210 |
| | 6 fl oz ShrdWheat Cereal | 134 | 4 fl oz Peas | 59 | 2 fl oz Chicken Gravy | 42 |
| | 2 sl MF/LS Toast | 133 | 6 fl oz Tossed Salad | 8 | 6 fl oz Mashed Potato | 113 |
| | 1 Tbsp PEANUT Butter K | 94 | 1 fl oz Ranch Dressing | 36 | 4 fl oz Spinach | 22 |
| | 0.5 fl oz Assorted Jelly K | 52 | 1 Ea Cookie, Assorted HM | 192 | 1 Ea Banana | 100 |
| | 1 pkt Sugar K | 11 | 1 serv MF/SF Bread+Butter | 103 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 | 8 fl oz Skim Milk K | 91 |
| | 2071 | TOTAL CALORIES | 570 | TOTAL CALORIES | 820 | TOTAL CALORIES |
| MON 23 | 1 serv Grapefruit Half | 32 | 6 fl oz Tomato Rice Soup | 58 | 1 Ea Dinner Loaf Patty | 274 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 1 pkt Soda Cracker | 23 | 1 Ea Baked Potato | 115 |
| | 2 sl MF/LS Toast | 133 | 1 SW Grilled Amer Ch SW | 265 | 1 fl oz Low Fat Sour Cream | 36 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Mixed Vegetables | 65 | 4 fl oz Corn | 70 |
| | 0.5 fl oz Assorted Jelly K | 52 | 4 fl oz Pineapple K | 89 | 4 fl oz Mandarin Oranges | 91 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | | | 8 fl oz Skim Milk K | 91 |
| | 1896 | TOTAL CALORIES | 525 | TOTAL CALORIES | 591 | TOTAL CALORIES |
| TUE 24 | 4 fl oz Orange Juice | 55 | 1 Ea NAS Hamburger Patty | 200 | 3 fl oz Turkey Slice | 65 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 1 Ea MF Bun/Roll | 193 | 1 serv Lettuce & Tomato | 6 |
| | 4 fl oz NAS Scrambled Eggs | 115 | 6 fl oz Baked Beans | 230 | 1 fl oz Honey Mustard Sauce | 51 |
| | 1 Ea Hash Brown | 135 | 1 Ea Ketchup & Mustard | 13 | 1 fl oz Cheddar Cheese | 55 |
| | 2 sl MF/LS Toast | 133 | 1 serv Lettuce/Tom Slices | 7 | 1 Ea WG Flour Tortilla | 120 |
| | 2 pat Butter | 67 | 4 fl oz Canned Pears K | 58 | 4 fl oz Cucumber Tom Salad | 36 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 Pc Frst Chocolate Cake | 179 |
| | 8 fl oz Skim Milk K | 91 | | | 8 fl oz Skim Milk K | 91 |
| 2134 | TOTAL CALORIES | 739 | TOTAL CALORIES | 792 | TOTAL CALORIES | 603 |
| WED 25 | 4 fl oz Pineapple Juice K | 58 | 10 fl oz Tossed Salad | 14 | 1 Pc Vegetable Meat Pizza | 447 |
| | 6 fl oz Toasted Oat Cereal K | 93 | 2 oz wt Smoked Turkey Breast | 65 | 6 fl oz Tossed Salad | 8 |
| | 2 Ea Pancake | 114 | 1 egg Hard Cooked Egg K | 68 | 1 fl oz Italian Dressing | 170 |
| | 2 fl oz Pancake Syrup | 186 | 1 oz wt Cucumber Slice | 4 | 4 fl oz Peaches K | 70 |
| | 2 pat Butter | 67 | 0.7 oz wt Tomato Wedge | 4 | 1 Ea Ice Cream Cup | 130 |
| | 1 pkt Sugar K | 11 | 1 fl oz Cheddar Cheese | 55 | 8 fl oz Skim Milk K | 91 |
| | 8 fl oz Skim Milk K | 91 | 2 fl oz Lite French Dressing | 167 | | |
| | | | 1 serv French Bread & Butter | 186 | | |
| | | 1 Ea Orange | 55 | | | |
| | | 8 fl oz Skim Milk K | 91 | | | |
| 2245 | TOTAL CALORIES | 620 | TOTAL CALORIES | 709 | TOTAL CALORIES | 916 |
| THU 26 | 4 fl oz Orange Juice | 55 | 1 Ea Hot Dog | 220 | 6 fl oz Beef Stew | 168 |
| | 8 fl oz NAS CocoWheat w/bran | 104 | 1 Ea MF Bun/Roll | 193 | 4 fl oz Vegetable Salad | 158 |
| | 1 Ea Muffin | 209 | 2 fl oz Chili Dog Topping | 53 | 4 fl oz Applesauce K | 86 |
| | 1 sl MF/LS Toast | 67 | 4 fl oz Wax Beans | 23 | 1 Ea Biscuit | 187 |
| | 1 Tbsp PEANUT Butter K | 94 | 1 oz wt Potato Chips | 158 | 1 pat Butter | 33 |
| | 8 fl oz Skim Milk K | 91 | 1 fl oz Onion | 8 | 8 fl oz Skim Milk K | 91 |
| | | | 1 Ea Banana | 100 | | |
| | | | 8 fl oz Skim Milk K | 91 | | |
| 2189 | TOTAL CALORIES | 620 | TOTAL CALORIES | 846 | TOTAL CALORIES | 723 |
| FRI 27 | 4 fl oz Grape Juice | 70 | 1 Pc Spinach Lasagna | 475 | 1 Ea Cajun Sausage | 249 |
| | 8 fl oz NAS Oatmeal w/bran | 112 | 6 fl oz Tossed Salad | 8 | 6 fl oz Red Beans & Rice | 166 |
| | 2 sl MF/LS Toast | 133 | 1 fl oz Golden Italian Drs K | 91 | 4 fl oz Carrots | 30 |
| | 1 Ea Yogurt | 94 | 1 Ea Orange | 55 | 1 Ea Oatmeal RaisinCookie | 175 |
| | 2 pat Butter | 67 | 1 stick Garlic Bread Stick | 137 | 1 Ea Ketchup & Mustard | 13 |
| | 1 pkt Sugar K | 11 | 8 fl oz Skim Milk K | 91 | 1 serv MF/SF Bread+Butter | 103 |
| | 8 fl oz Skim Milk K | 91 | | | 8 fl oz Skim Milk K | 91 |
| | 2262 | TOTAL CALORIES | 578 | TOTAL CALORIES | 857 | TOTAL CALORIES |
| SAT 28 | 4 fl oz Orange Juice | 55 | 1 Ea Chicken Patty | 210 | 6 fl oz Chicken Noodle Soup | 56 |
| | 6 fl oz Bran Flakes Cereal K | 132 | 4 fl oz Marinara Sauce | 74 | 1 pkt Soda Cracker | 23 |
| | 2 sl MF/LS Toast | 133 | 4 fl oz Spaghetti | 106 | 2 sl Pastrami | 82 |
| | 1 Tbsp PEANUT Butter K | 94 | 4 fl oz Green Beans | 19 | 1 sl American Cheese | 52 |
| | 1 pkt Sugar K | 11 | 1 Ea Banana | 100 | 1 serv Lettuce/Tom Slices | 7 |
| | 8 fl oz Skim Milk K | 91 | 1 serv MF/SF Bread+Butter | 103 | 1 pkt Lite Salad Dressing | 14 |
| | | | 8 fl oz Skim Milk K | 91 | 4 stick Carrot Stick | 25 |
| | | | | | 1 oz wt Corn Chips CN K | 168 |
| | | | | 1 Pc Frosted Pumpkin Bar | 218 | |
| | | | | 2 sl MF/SF Bread | 138 | |
| | | | | 8 fl oz Skim Milk K | 91 | |
| 2093 | TOTAL CALORIES | 516 | TOTAL CALORIES | 703 | TOTAL CALORIES | 874 |
| Avg. 2127 | BREAKFAST Avg. | 595 | NOON Avg. | 760 | EVENING Avg. | 772 |